

# CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: [www.cipdsupportgroup.org](http://www.cipdsupportgroup.org)

They shall never cease to be entertained.



**Our Next Meeting is August 3, 2024**

**TIME: 1:30PM**

**Program: Stephanie Artholony From Trinity Centers speaking on Medical Marijuana.**

**WHERE: OSF Glen Park Place  
5114 N Glen Park Place Rd  
Peoria, IL 61614**

**No Meeting in September as We have our PD Retreat, Please Join us there.**



**Now is the time to sign up for the PD Retreat.** Visit <https://www.cipdsupportgroup.org/pdretreat/>

Are You Ready...Registration for our PD Retreat is Open.

The retreat is an all-inclusive weekend of Fun, food, Relaxation, Fellowship and some Exercise and Educational Programming mixed in.

The cost is \$75.00 a person and includes Hotel style accommodations 4 meals and snack bar that's open all day long.

September 13, - 15 2024 Starting about 3:00pm. Friday



**It's also an Opportunity to Meet New People-**

Discussion may uncover a new approach to exercise. Or information about current drugs and how they are working. Patients who have had Parkinson's long term may share their story so newer patients can learn some of the vocabulary and situations that may arise. Caretakers may have some tips to assist with your situation.

Participants will be provided with a retreat T-shirt, dinner on Fri, three meals on Sat. and breakfast on Sunday.

**RETREAT IS OPEN TO ALL WHO WISH TO PARTICIPATE**

**Contact Us At:**

contact@cipdsupportgroup.org  
309 699-7394

**Central Illinois Parkinson's Support Group**

mailing address:  
301 Baylor St.

East Peoria IL 61611

*For More information Scan*



<https://cipdsupportgroup.org/pdretreat>

Thank you to our sponsors!

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**What is Parkinson's Retreat Weekend?  
Sept 13-15**



**Presented by Central Illinois Parkinson's Support Group**



*For More information Scan*



<https://cipdsupportgroup.org/pdretreat>

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**Presented by Central Illinois Parkinson's Support Group**



### **Parkinson's retreat**

A weekend of sharing with others affected by Parkinson's with learning, fellowship, and a chance to get to know others in your situation. We will be meeting this year at Sacred Coeur Retreat Center  
8508 County Rd 100 N.  
Magnolia, IL 61336



The facility is a gem and can easily accommodate 75-90 people. The dates are Sept 13, beginning with 3 pm check-in and check-out at 11:15 on Sunday, Sept. 15.

### **What is the price?**

Thanks to our sponsors, we can offer this retreat experience for \$75 per person.

### **What kind of activities are Provided?**

- Representative from Michael J Fox foundation will be present to talk about news and current research projects.
- There will be a retreat fire on Friday night to sit and visit with other participants.
- A rhythm session, games, physical and occupational sessions are all included.
- Medical personnel from Illinois Neurological Institute in Peoria will conduct a question-and-answer session and attempt to assist those who have concerns that may not have been addressed.
- Saturday Paint night- We gather on Saturday evening to paint with the Glasser



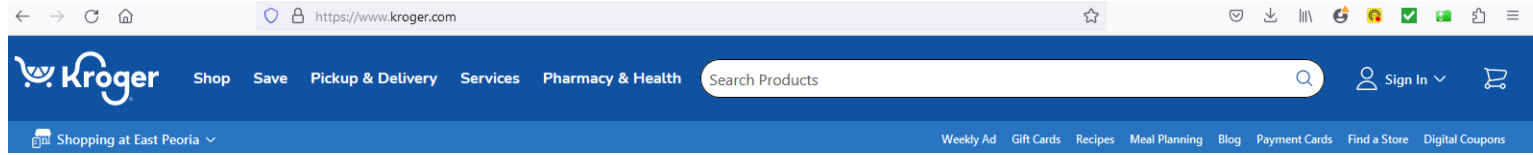
family. Melissa is a former PA with INI and her husband, and daughter, an Art school graduate, come with, all supplies provided, to help us



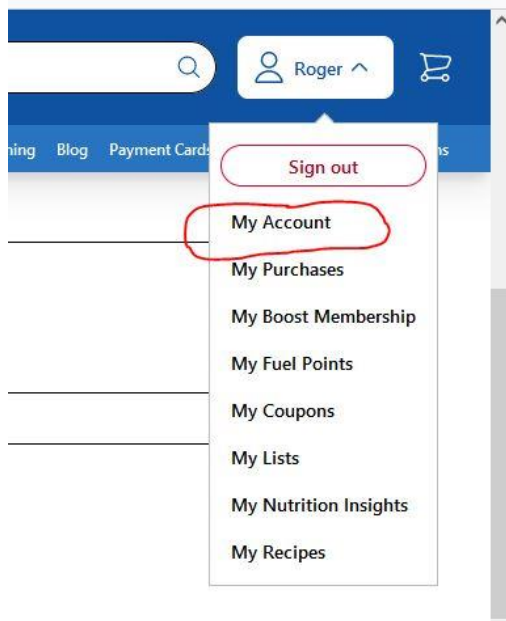
create a lasting retreat memory to take home with each of us.

-Group activities also include singing and prayers on Sunday morning, sharing together our stories of dealing with Parkinson's from a caretaker perspective and from a patients outlook. These sessions allow for questions to peers which can sometimes provide tips on how to handle certain situations. Peers may also have insight on who to choose or where to go for medical treatments.

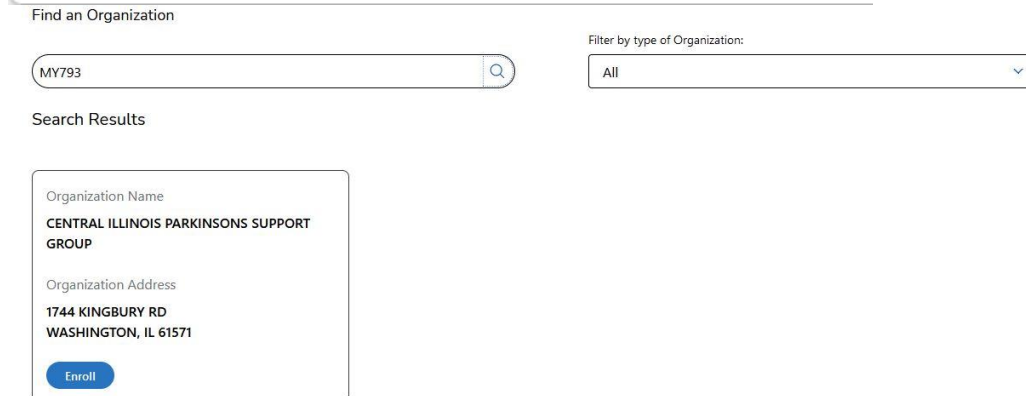
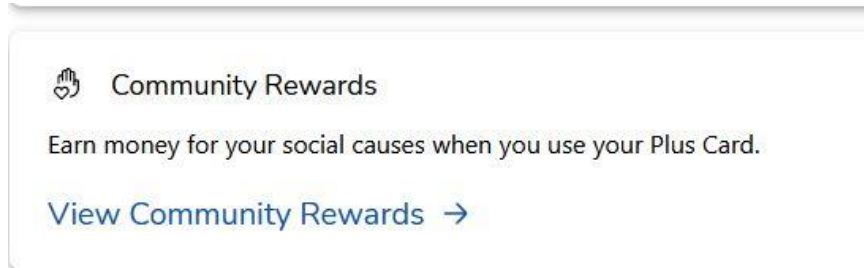
We need People to sign up with their Kroger Card to support the Support Group. It is really very easy, go to [www.kroger.com](http://www.kroger.com) and log into your account. If you don't have one follow the instructions for creating an account.



Once signed in look for My Account and click on it.



Then look for the community Rewards section and click on it.



Then Search for MY793 or Central Illinois Parkinson's Support Group. And Click Enroll

# Breaking News from D.C.: President Biden Has Signed the National Plan to End Parkinson's Act Into Law

July 2, 2024



President Biden signs the National Plan to End Parkinson's Act into law. Photo courtesy of the Biden administration.

President Biden has signed the National Plan to End Parkinson's Act into law! The U.S. Department of Health and Human Services (HHS) will now establish an advisory council and the [National Parkinson's Project](#), a first-ever federal initiative to prevent and cure Parkinson's disease, treat its symptoms and slow or stop its progression.

Learn more and find future updates about the National Parkinson's Project on this [page](#).