### **CENTRAL ILLINOIS PARKINSON SUPPORT GROUP**

Blessed are those who can laugh at themselves....

Web site: <u>www.cipdsupportgroup.org</u>

They shall never cease to be entertained.

#### DATE: February 3, 2024 TIME: 1:30PM Program: Dr. McGraw with Northwestern Medical Group WHERE: OSF Glen Park Place 5114 N Glen Park Place Rd Peoria, IL 61614



DATE: February 3, 2024 TIME: 1:30PM Program: Dr McGraw, From Northwestern Medical Center WHERE: OSF Glen Park Place 5114 N Glen Park Place Rd Peoria, IL 61614



Dr. McGraw with Northwestern Medical Group Wiil be speaking on GOCOVRI and will be

available to Answer your questions. We

will also be joined by a Patient Advocate from Supernus Pharmaceuticals

While the Group at our January meeting was small the discussion was very lively and productive. While a lot of good ideas were brought up, and we still have a lot of ideas to work on, the 2 major changes that were decided on was to rename PD Camp to PD Weekend Retreat to reflect more of what it really is. The second decision was to make Changes to "Pedal for Parkinson's" however nothing definite was set as to what it would be. If you couldn't make the meeting or have come up with some new ideas since the meeting, please let us know, at <u>contact@cipdsupportgroup.org</u>

w us on Facebook, https://www.facebook.com/centralillinoisparkinsonssupportgroup

Keep up to date with everything from our support group at our website. <u>https://www.cipdsupportgroup.org/</u>

For more information feel free to Contact Roger at <u>roger@cipdsupportgroup.org</u> or (309)219-1210

March meeting will be held March 2,2024 at 1:30PM Program: Care and Share with Tammy Lott LCPC. and Tonya Welch BSW. WHERE: OSF Glen Park Place 5114 N Glen Park Place Rd Peoria, IL 61614

# **Caregiver Support Group SPRING Meeting**

With Guest Speaker, Timothy Kirk, Elder Law Attorney

Saturday, March 30 1:30 pm to 3:30 pm Saxony Court Fellowship Hall 500 Centennial Drive East Peoria, II 61611

Sponsored by The Central Illinois Agency on Aging

**Bradley Therapy Students will be on-hand in The Saxony Court Therapy Gym (2nd Floor)** to provide therapy for anyone that comes with their caregiver.

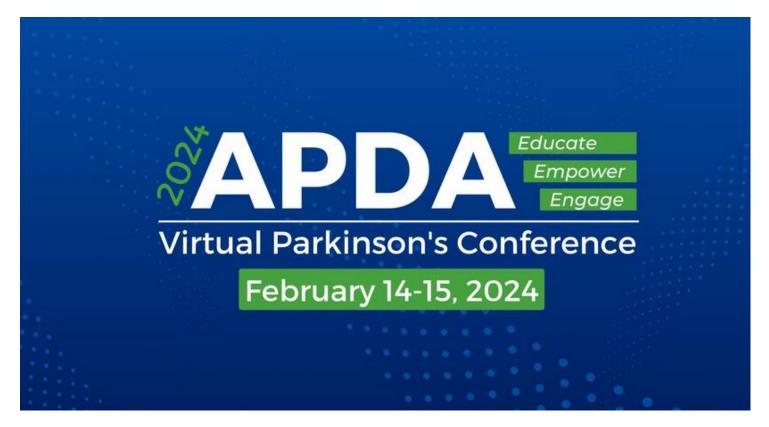
FOR INQUIRIES 309-694-0022

refreshments will be provided

### **APDA Virtual Parkinson's Conference: Educate, Empower, Engage**

#### February 14-15, 2024

Join us for a FREE two-day event designed to educate, empower, and engage you! Perfect for people with PD, care partners, friends and family, and anyone who wants to learn more.



#### Why should you join us?

- 25+ incredible speakers! From top medical experts in their field to people with PD ready to share their personal stories you'll get a great mix of perspectives and expertise!
- Lots of opportunities for LIVE Q&A, so get your questions ready!
- Concurrent sessions let you choose the topics you're most interested in.
- It's free!

Register here, <u>https://www.apdaparkinson.org/events/apda-virtual-parkinsons-conference-</u> 2024-educate-empower-engage/

### Join the Michael J Fox Foundation.

## Join using this link, https://www.michaeljfox.org/webinars

On the third Thursday of every month at 12 p.m. ET, join our free live webinars to learn about various aspects of living with Parkinson's disease and our work to speed medical breakthroughs. Log on, listen to the expert discussion and submit your own questions to our panelists.

And join us for other special free webinars throughout the year (dates and times to be announced) on varied topics of interest to the Parkinson's community.