

# CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: [www.cipdsupportgroup.org](http://www.cipdsupportgroup.org)

They shall never cease to be entertained.

**Registration Deadline is Today August 21, 2023**

**DATE: September 8 – 10, 2023**

**TIME: 3:30PM Friday to 11:00AM Sunday**

**Program: PD Camp**

**Location: Sacré Coeur Retreat Center 8508 Country Road  
100 N Magnolia, IL 61336.**

**Please Remember we'll be at PD Camp in September Please  
sign up and join us.**

**A big Thank you to Tim Kirk for a much needed and very informative Program on  
Elder Law, at the August meeting.**



300 Hamilton Blvd, Peoria, IL 61602  
(309) 676-0400



For information on all Support Group activities and other Parkinson information please visit our website <https://www.cipdsupportgroup.org/>





# PD 2023 Camp

*Power to be the best me.*

## **PD Camp is Coming, and big Changes are coming to PD Camp.**

Camp will be September 8, 9, 10, 2023 at Sacré Coeur Retreat Center 8508 Country Road 100 N Magnolia, IL 61336.

The cost is \$75.00 per person (\$150.00 per Couple) for the entire weekend There are also a limited number of scholarships available through the Central Illinois Parkinson's Support Group, should you feel the cost is prohibitive for you.

Please join us for PD Camp, you can reserve your spot by returning your Registration and \$150.00 (\$75.00 per person)

Payment will be due at the Time of registration. Should the need arise for you to cancel you may do so with a full refund before August 1st.

Complete registration information is available on our website.

<https://www.cipdsupportgroup.org/pdcamp/> If you have question, please contact [contact@cipdsupportgroup.org/](mailto:contact@cipdsupportgroup.org/)



**Please Note the Change of time and location for the October meeting  
October 7, 2023. At Johnny's Italian Steakhouse 101 Holiday Drive East  
Peoria. At 12:00PM**

**Lunch will be provided By**

**KYOWA KIRIN**

YOU ARE INVITED TO A PRESENTATION:

**NOURIANZ®  
(istradefylline): I  
brake for moments,  
not for Parkinson's™**

This is a promotional program brought to you by Kyowa Kirin Inc.

**Cherian A Karunapuzha, MD**  
Medical Director, Herman Meinders  
Center for Movement Disorders  
Mercy Neuroscience Institute  
Altus, OK

**Saturday, October 7, 2023**  
12:00 PM

**Johnny's Italian Steakhouse**  
101 Holiday Street  
East Peoria, IL 61611



# CARE FOR THE CAREGIVER.....



- ❖ **Respite care** is a program funded by a federal grant that allows Central Illinois Agency on Aging, Inc. to help those providing informal care to someone in the community to have the ability to take time for self-care. Respite care is normally provided in 90 day increments after the informal care provider is determined eligible. Central Illinois Agency on Aging, Inc. has agreements with licensed home health, licensed home care, adult day health (Senior World), skilled nursing and assisted living facilities to enable informal care providers to do errands, rest and take some personal time all the while ensuring peace of mind that the care recipient is in the care of trained professionals.
- ❖ **Eligibility** is based on the family member, neighbor, or friend being the informal care provider or primary caregiver. The primary caregiver helps with cooking, cleaning, laundry, and personal care needs for their loved one. The care receiver must be an older adult who is 60 years old or older, has a brain dysfunction and/or dementia (care receiver does not have to be 60 years or older), and is living independently. To obtain an initial evaluation for respite care eligibility, please call CIAA's Family Caregiver I & A Program Manager at (309)674-2071.
- ❖ **Prior to notifying** you of your eligibility, we will need to obtain authorization from our Finance Director and President/CEO. After we have confirmed your eligibility to receive respite care, we will contact counselors from Bradley University. Bradley University counselors will contact you and administer a phone stress test to determine emotional coping skills that are associated with the demands of direct care.
- ❖ **When your request** is authorized, you will receive a confirmation call from the CIAA Family Caregiver I & A Program Manager. You will also receive a call from the agreed upon respite provider to schedule an initial visit with you and your loved one. If your respite is approved for Senior World you must contact them in order to begin the process of enrollment. You may contact Senior World at (309)495-4530.  
**Please note:** It is important to schedule respite care as soon as you know that you will require it. With all that goes on in day to day life, it is easy to forget about this opportunity and someone else could benefit from unused respite hours.
- ❖ Whether or not you decide to benefit from Central Illinois Agency on Aging respite services, you may access Bradley University Counseling and Research Department for individual counseling and/or Caregiver Support Groups at no cost to you. You may contact Bradley University Counseling and Research Department at (309)677-3189 to benefit from these services.
- ❖ Home health or adult day respite is paid for through a federally funded grant and we *ask for a donation in any amount once a year to help offset our costs. We thank you in advance for your support.*



"It is health which is real wealth and not pieces of gold and silver."  
~ Mohandas Karamchand (Mahatma) Gandhi

Central Illinois Agency on Aging, Inc.

700 Hamilton Boulevard, Peoria, IL 61603 ● (309)674-2071 ● Toll Free (877)777-2422 ● TDD (309)674-1831

An independent not-for-profit organization serving Fulton, Marshall, Peoria, Stark, Tazewell and Woodford Counties

Website: <http://www.ciaoa.net> ● Facebook: <http://www.facebook.com/ciaoa.illinois>

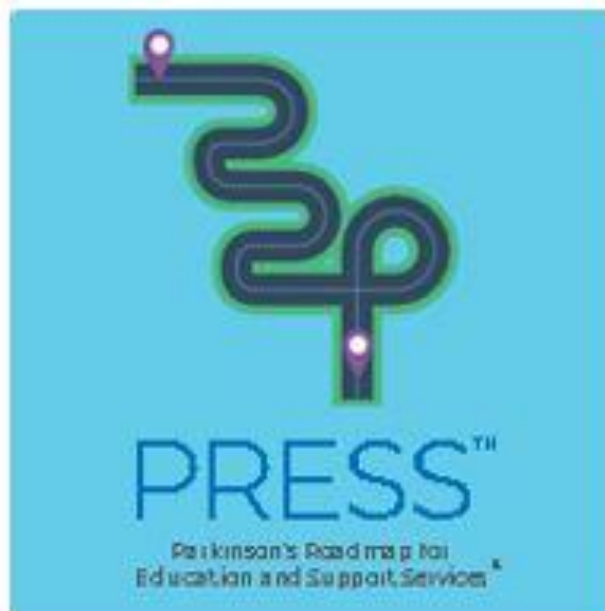
## APDA Virtual Parkinson's Roadmap for Education and Support Services™ (PRESS™)

**Free program, space is limited, and registration is required.**

Program Presented Virtually via Zoom

**Date: Every Thursday, September 7<sup>th</sup> – October 26<sup>th</sup> 2023**

**Time: 10:00A.M. – 11:30 AM CT**



**What's Next After Diagnosis**

**Medication Management of Parkinson's**

**Importance of Exercise in PD**

**Dealing with Physical Symptoms of PD**

**Tips for Daily Living**

**Impact of Parkinson's on Daily Coping  
and Relationships**

**Caring for Others, Caring for Yourself**

**Building Your Healthcare Team**

The group is open to any adult who has been diagnosed with Parkinson's disease within the last 5 years, their care partners, and adult family members.

To register or for additional information please contact

**[Nicole.reidy@uchicagomedicine.org](mailto:Nicole.reidy@uchicagomedicine.org) at: 1-773-834-1688**



# PEDAL FOR PARKINSON'S

A Fundraising and Awareness Event Sponsored by  
Central Illinois Parkinson's Support Group

To Support the Cause of  
Central Illinois Parkinson's Support Group



**Saturday November 4, 2023**

**1:00 - 4:30 pm**

**River Plex**

**Recreation & Wellness Center**

**600 NE Water St. Peoria, IL**

**Welcome and opening  
Roger Halleen**

**A Presentation by  
Central Illinois  
Agency on Adging**

**Bill Bucklew**

**Dr. El Kouzi  
Director of the Parkinson's  
Disease Center at SIU Medicine**



Visit [www.cipdsupportgroup.org](http://www.cipdsupportgroup.org) for more information