

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.cipdsupportgroup.org

They shall never cease to be entertained.

DATE: August 5, 2023

TIME: 1:30PM

Program: Timothy Kirk, Elder law Attorney.

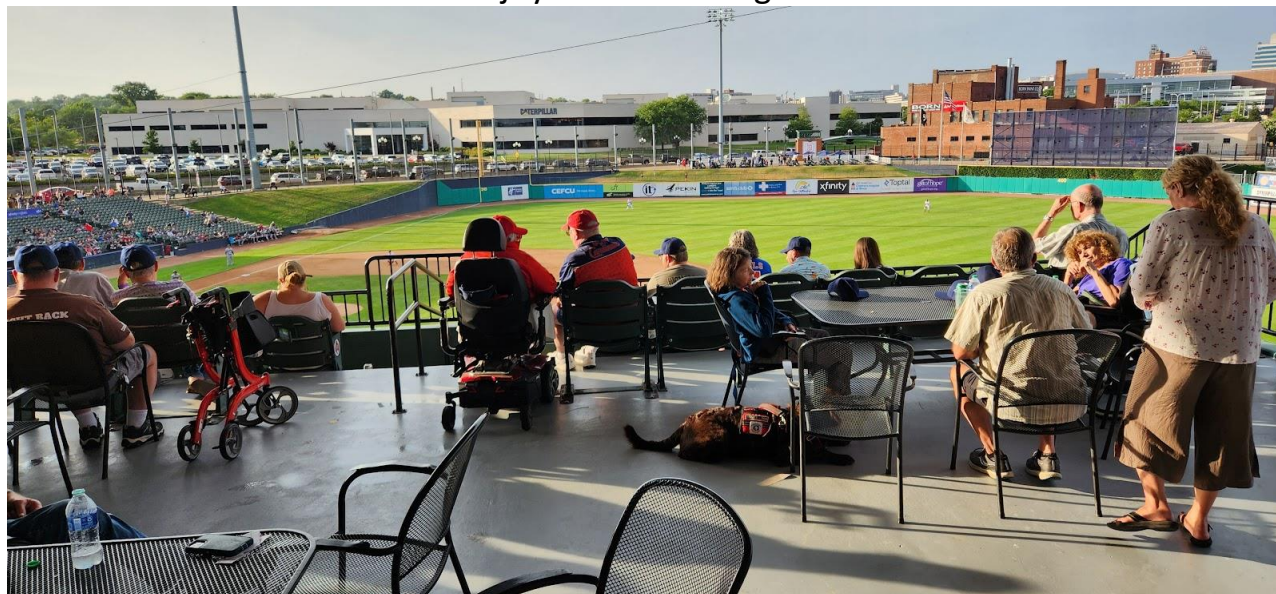
Location: Glen Park Place

5114 Glen Park Place

Peoria, IL

Please Remember there will be no regular meeting in September as Camp will that the place of the regular meeting.

And Who would have thought after all the rain and storms that we would have had a ballgame and picnic like that! The weather turned out to be great, the food was great, and everyone got time to sit back and relax and enjoy a nice evening.



For information on all Support Group activities and other Parkinson information please visit our website <https://www.cipdsupportgroup.org/>





PD 2023 Camp

Power to be the best me.

PD Camp is Coming, and big Changes are coming to PD Camp.

Camp will be September 8, 9, 10, 2023 at Sacré Coeur Retreat Center 8508 Country Road 100 N Magnolia, IL 61336.

The cost is \$75.00 per person (\$150.00 per Couple) for the entire weekend There are also a limited number of scholarships available through the Central Illinois Parkinson's Support Group, should you feel the cost is prohibitive for you.

Please join us for PD Camp, you can reserve your spot by returning your Registration and \$150.00 (\$75.00 per person)

Payment will be due at the Time of registration. Should the need arise for you to cancel you may do so with a full refund before August 1st.

Complete registration information is available on our website.

<https://www.cipdsupportgroup.org/pdcamp/> If you have question, please contact contact@cipdsupportgroup.org/



**Please Note the Change of time and location for the October meeting
October 7, 2023. At Johnny's Italian Steakhouse 101 Holiday Drive East
Peoria. At 12:00PM**

Lunch will be provided By

KYOWA KIRIN

YOU ARE INVITED TO A PRESENTATION:

**NOURIANZ®
(istradefylline): I
brake for moments,
not for Parkinson's™**

This is a promotional program brought to you by Kyowa Kirin Inc.

Cherian A Karunapuzha, MD
Medical Director, Herman Meinders
Center for Movement Disorders
Mercy Neuroscience Institute
Altus, OK

Saturday, October 7, 2023
12:00 PM

Johnny's Italian Steakhouse
101 Holiday Street
East Peoria, IL 61611

CARE FOR THE CAREGIVER.....



- ❖ **Respite care** is a program funded by a federal grant that allows Central Illinois Agency on Aging, Inc. to help those providing informal care to someone in the community to have the ability to take time for self-care. Respite care is normally provided in 90 day increments after the informal care provider is determined eligible. Central Illinois Agency on Aging, Inc. has agreements with licensed home health, licensed home care, adult day health (Senior World), skilled nursing and assisted living facilities to enable informal care providers to do errands, rest and take some personal time all the while ensuring peace of mind that the care recipient is in the care of trained professionals.
- ❖ **Eligibility** is based on the family member, neighbor, or friend being the informal care provider or primary caregiver. The primary caregiver helps with cooking, cleaning, laundry, and personal care needs for their loved one. The care receiver must be an older adult who is 60 years old or older, has a brain dysfunction and/or dementia (care receiver does not have to be 60 years or older), and is living independently. To obtain an initial evaluation for respite care eligibility, please call CIAA's Family Caregiver I & A Program Manager at (309)674-2071.
- ❖ **Prior to notifying** you of your eligibility, we will need to obtain authorization from our Finance Director and President/CEO. After we have confirmed your eligibility to receive respite care, we will contact counselors from Bradley University. Bradley University counselors will contact you and administer a phone stress test to determine emotional coping skills that are associated with the demands of direct care.
- ❖ **When your request** is authorized, you will receive a confirmation call from the CIAA Family Caregiver I & A Program Manager. You will also receive a call from the agreed upon respite provider to schedule an initial visit with you and your loved one. If your respite is approved for Senior World you must contact them in order to begin the process of enrollment. You may contact Senior World at (309)495-4530.
Please note: It is important to schedule respite care as soon as you know that you will require it. With all that goes on in day to day life, it is easy to forget about this opportunity and someone else could benefit from unused respite hours.
- ❖ Whether or not you decide to benefit from Central Illinois Agency on Aging respite services, you may access Bradley University Counseling and Research Department for individual counseling and/or Caregiver Support Groups at no cost to you. You may contact Bradley University Counseling and Research Department at (309)677-3189 to benefit from these services.
- ❖ Home health or adult day respite is paid for through a federally funded grant and we *ask for a donation in any amount once a year to help offset our costs. We thank you in advance for your support.*



"It is health which is real wealth and not pieces of gold and silver."
~ Mohandas Karamchand (Mahatma) Gandhi

Central Illinois Agency on Aging, Inc.

700 Hamilton Boulevard, Peoria, IL 61603 ● (309)674-2071 ● Toll Free (877)777-2422 ● TDD (309)674-1831

An independent not-for-profit organization serving Fulton, Marshall, Peoria, Stark, Tazewell and Woodford Counties

Website: <http://www.ciaoa.net> ● Facebook: <http://www.facebook.com/ciaoa.illinois>

PRIDE

Parkinson's Research

WITH INCLUSION,
DIVERSITY & EQUITY

Participate in a study on
health & healthcare needs
of LGBTQIA+ people living
with Parkinson's Disease

- Open to all adults living with Parkinson's Disease & their care partners
- Study involves participating in a one-time 45-minute survey
- Participation is voluntary & all information will be kept private
- Receive a \$25 gift card

Complete the survey by
calling:

1-888-709-7689

QUESTIONS? CONTACT THE PRINCIPAL
INVESTIGATOR, JASON FLATT, PHD, MPH

(702) 895-5586



This study is supported by The Michael J. Fox
Foundation for Parkinson's Research



Hello,

I am an Occupational Therapy Doctoral student at The University of Toledo. I am researching the degree of caregiver fatigue in Parkinson's disease caregivers under the direction of my faculty advisor. Your input can help us better understand the degree of caregiver fatigue of persons caring for individuals with Parkinson's disease in the Midwest. We hope that in the future, occupational therapy practitioners can use the findings of our study to alleviate the stress of caregiving for someone with Parkinson's disease.

The survey will take approximately 15-20 minutes to complete, and all responses are anonymous. The survey will remain open until September 30th, 2023. Participation is voluntary and confidential. Only the study researchers will have access to the data obtained, and your e-mail address will be removed from our files. If you have any questions about your rights as a research participant please contact Beth Ann Hatkevich, PhD, OTR/L, FAOTA at Bethann.hatkevich@utoledo.edu.

If you are interested in participating in this study, please click the "Begin Survey" button below. Thank you for your consideration of participating in our study!

[BEGIN SURVEY](#)



Sydney Schermond, S/OT

Occupational Therapy Doctorate Student

The University of Toledo

Phone: (419)-309-8952

sscherm4@rockets.utoledo.edu

The two surveys that I have included in this newsletter were sent to me and I was asked if I could make them available to our group, neither the Support Group nor myself are involved with these studies and participation in them is strictly voluntary.

Please Remember there will be no regular meeting in September as Camp will that the place of the regular meeting. At The meeting ask what December 2nd is?



What is this camp and its purpose?

Parkinson's camp is a **weekend of fun, fellowship and factual information**, and making connections with others affected by PD. It is for people diagnosed with PD and care partners as well. Fun activities are offered during this retreat which convenes in a beautiful facility, nestled in a tranquil, wooded setting.

Participants will be provided with a camp T-shirt, dinner on Friday, three meals on Saturday, and breakfast on Sunday.

CAMP IS OPEN TO ALL WHO WISH TO PARTICIPATE

Contact Us At:

contact@cipdsupportgroup.org
309 699-7394

Central Illinois Parkinson's

Support Group

mailing address:

301 Baylor St.

East Peoria IL 61611

For registration information check our webpage @

<https://www.cipdsupportgroup.org>

COME JOIN US!!

Thank you to our sponsors!

OSF
Rehabilitation

abbvie

amneal

KYOWA KIRIN

Parkinson's Camp Weekend



**Presented by
Central Illinois
Parkinson's
Support Group**

Where is Parkinson's camp?

Sacred Coeur Retreat Center
8508 County Rd. 100 N
Magnolia, IL 61336

The facility is a gem and can easily accommodate 75-90 people. The dates are Sept 8, beginning with 3 pm check in and check out at 11:15 on Sunday, Sept. 10.

What is the price?

Thanks to our sponsors, we can offer this camp experience for \$75 per person.

How Do I Register?

For registration information check our webpage:

<https://www.cipdsupportgroup.org>

What Kind of Activities are Provided?

- A representative from the Michael J. Fox foundation will be present to talk about news and current research projects.
- There will be a campfire on Fri. night to sit and visit with other participants.
- **Sat.**'s lineup will feature a rhythm session, games, physical and occupational sessions led by Rock Steady coaches along with registered therapists from OSF Rehabilitation, Loud Crowd Instructor and students from Illinois State Univ., and Bradley Physical Therapy students and their professor.
- Medical personnel from Illinois Neurological



Institute, Peoria IL will conduct a question-and-answer session to help with participant's inquiries.



- **Saturday Paint Night** features Marlo Glass, a graduate of Savannah College of Art and Design, who leads us, along with her family. All supplies are provided and participants create a lasting camp memory to take home.
- **Sun.** morning concludes with prayers, singing, final sharing and ending remarks.

PEDAL FOR PARKINSON'S

**A Fundraising and Awareness Event Sponsored by
Central Illinois Parkinson's Support Group**

**To Support the Cause of
Central Illinois Parkinson's Support Group**



Saturday November 4, 2023

1:00 - 4:30 pm

River Plex

Recreation & Wellness Center

600 NE Water St. Peoria, IL

**Welcome and opening
Roger Halleen**

**A Presentation by
Central Illinois
Agency on Aging**

Bill Bucklew

**Dr. El Kouzi
Director of the Parkinson's
Disease Center at SIU Medicine**



Visit www.cipdsupportgroup.org for more information