

# CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: [www.cipdsupportgroup.org](http://www.cipdsupportgroup.org)

They shall never cease to be entertained.

**DATE: April 1, 2023**

**TIME: 1:30PM**

**Program: Dr. Kavya Moravineni, Anne Horowitz ORT/L, CSRS, MSCS, and Brittany Heidemann MS CCC-SLP will join us for a question-and-answer session.**

**WHERE: OSF Glen Park Place**

**5114 N Glen Park Place Rd**

**Peoria, IL 61614**

**If you have register Great We have you on the list. If you have not registered, please do so now!! <https://www.cipdsupportgroup.org/events/>**

Our March meeting featured Tammy Lott and Tonya Welch for a care and share. I know the Care Partners had some very good discussions and I'm sure the Parkinson's group did too

You will not want to miss our April meeting as we kick off Parkinson's Awareness month. April 1<sup>st</sup> 1:30PM Dr. Kavya Moravineni, Anne Horowitz OTR/L, CSRS, MSCS , and Brittany Heidemann MS CCC-SLP will join us for a question-and-answer session to help us kick off Parkinson's Awareness month. I'm sure you won't want to miss this meeting. We are asking that you sign up in advance for this meeting. To sign up and for all the information, visit our website <https://www.cipdsupportgroup.org/events/>



**April is Parkinson's Awareness month**, and it is not too late to help the community build a better awareness of Parkinson's Disease and the Central Illinois Parkinson's Support Group we are asking you to consider working with your local Government to obtain a Proclamation for April as Parkinson's Awareness Month. Please Click the link and it will open a sample letter and

Template that you can use, simply fill in the highlighted areas with your local information and mail it to them, it would then be a good Idea to follow up with a phone call in about a week. If you would like my help with this, please feel free to ask. Let's see how many we can get.

<https://www.cipdsupportgroup.org/about-us/>

Stay up to date on all of the Central Illinois Parkinson's Support Group Information please visit our website <https://www.cipdsupportgroup.org/> Like us on [Facebook](#) Email us at [contact@cipdsupportgroup.org](mailto:contact@cipdsupportgroup.org) or call Roger at 309 219 1210

## Kick -Off



**Saturday April 1<sup>st</sup> 1:30PM**

**OSF Glen Park Place**

**5114 N Glen Park Place Rd**

**Peoria, IL 61614**

**Dr. Kavya Moravineni, Anne Horowitz ORT/L,  
CSRS, MSCS, and Brittany Heidemann MS CCC-  
SLP will join us for a question-and-answer  
session.**

**Food will be provided by ABBIVE.**

Please RSVP at <https://www.cipdsupportgroup.org/>

Get ready for PD Camp 2023 September 8 – 10, 2023 Salvation Army Eagle Crest Camp.





## Proclamation

**WHEREAS**, Parkinson's disease is a chronic, progressive disorder of the nervous system that affects movement for which there is currently no cure; and,

**WHEREAS**, more than one million people in the United States are currently living with Parkinson's disease with an additional 50,000-60,000 cases diagnosed each year; and,

**WHEREAS**, the American Parkinson's Disease Association provides the support, education, and research that will help everyone impacted by Parkinson's disease live life to the fullest; and,

**WHEREAS**, increased efforts and awareness are desperately needed to help expedite the research efforts into better treatments, medications, and ultimately a cure, as well as enhanced programs and services to help those impacted by Parkinson's disease improve their quality of life until a cure is found; and,

**WHEREAS**, the State of Illinois recognizes the efforts of the American Parkinson Disease Association Illinois Chapter to raise funds, promote awareness, and give support to fight Parkinson's disease, thereby improving the quality of life for those living with the disease,

**THEREFORE**, I, JB Pritzker, Governor of the State of Illinois, do hereby proclaim April 2023, as **Parkinson's Disease Awareness Month** in Illinois in recognition of more than 60 years of indispensable services of the American Parkinson's Disease Association.

**In Witness Whereof**, I have herewith set my hand and caused the Great Seal of the State of Illinois to be affixed.

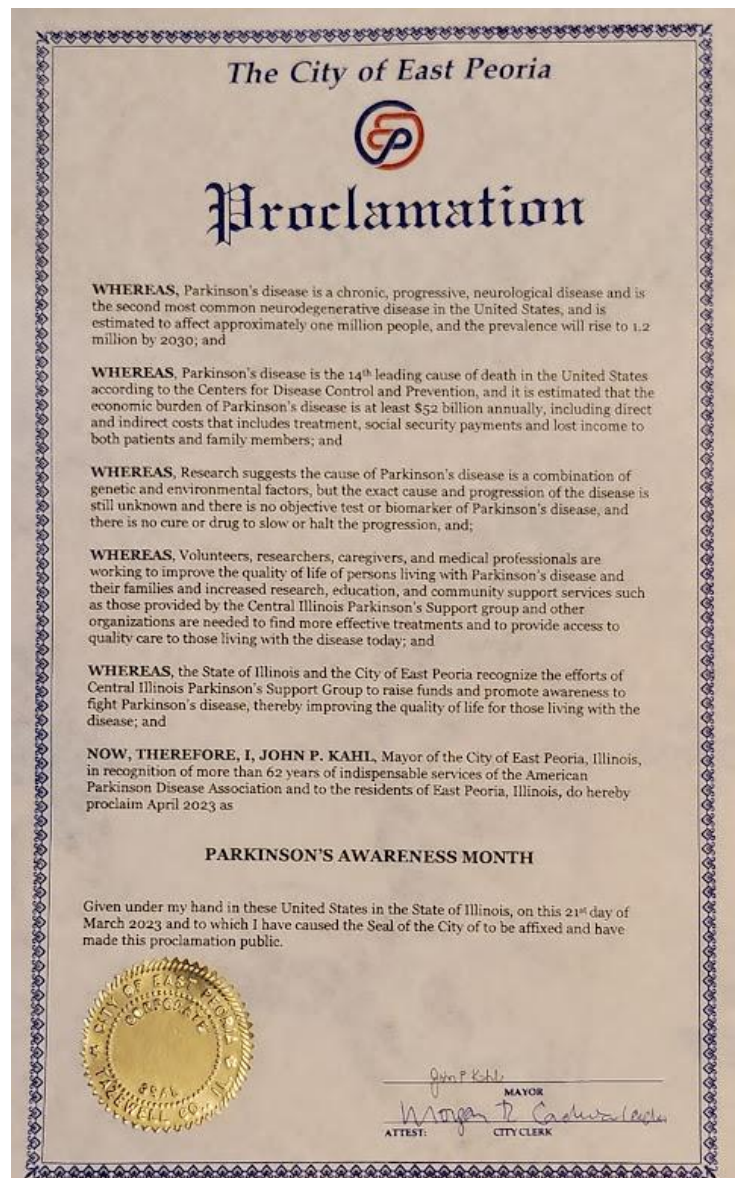
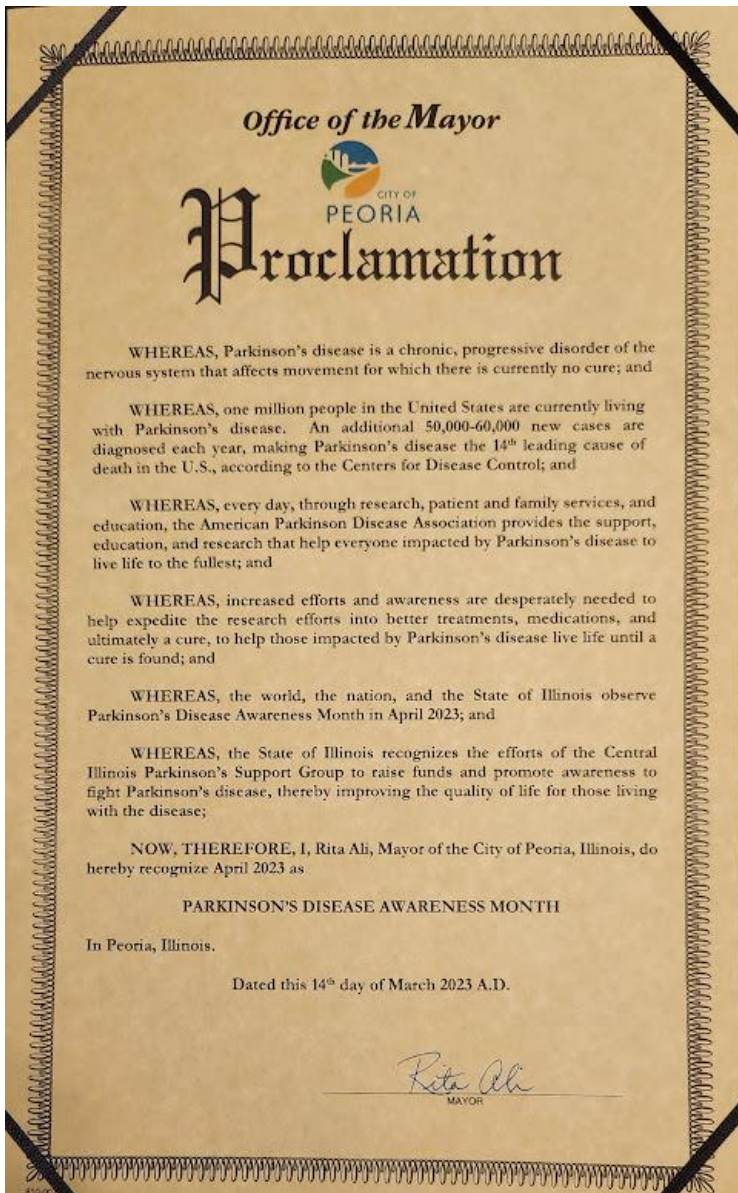
Done at the Capitol in the City of Springfield,  
this SIXTEENTH day of MARCH, in  
the Year of Our Lord, two thousand and  
TWENTY-THREE, and of the State of Illinois,  
two hundred and FIFTH.



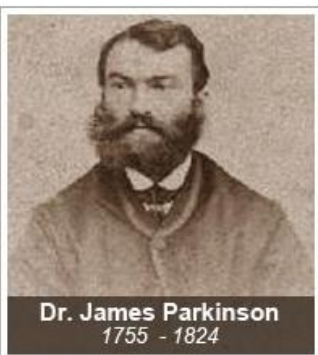
*Alexi Lamont*  
SECRETARY OF STATE

*JB Pritzker*  
GOVERNOR





## WORLD PARKINSON'S DAY HISTORY



The European Parkinson's Disease Association (EPDA) and the World Health Organization established World Parkinson's Day on April 11th, 1997. April 11th is the birthday of Dr. James Parkinson. He is the first physician to recognize Parkinson's as a medical condition. He published an essay in 1817 called, "An Essay on the Shaking Palsy." During the 9th World Parkinson's Disease Day Conference in 2005, the red tulip was adopted as the official symbol for the disease.



## TIPS FROM A SOCIAL WORKER: How Can Social Workers Help?

Social Workers serve as advocates, navigators, counselors, advisors, facilitators, and champions, whose objective is to help improve the quality of life of every person they serve. They are highly-trained professionals with a Master of Social Work degree and required to be professionally licensed in the state where they work.

In the PD community, Social Workers fill a key role as a member of the multidisciplinary care team and help people with PD and their families to navigate the difficult transitions in their journey. They are the connectors to community resources and they have expertise in addressing the psychological, emotional, and often spiritual impact a diagnosis of PD can have on family relationships.

Social Workers can help in many ways:

- Provide PD education, especially for someone newly diagnosed and who may be experiencing anxiety and uncertainty.

- Help you develop a short- and long-term plan of care to anticipate changing needs with a PD diagnosis.

- Connect you to vital support services during the continuum of care to avoid isolation and encourage connection to others with PD.

If you are interested in speaking with a Social Worker, ask your physician for a referral. Many larger medical institutions have at least one social worker in the Neurology department.

Illinois Neurological Institute has very good Social Workers, that are very good in the Parkinson's and Movement Disorder field so please feel free to contact INI and ask for one if you think they could help you. 3090 624-8552