

Central IL. Parkinson's Support Group Book List

DvD's available to borrow beginning June 2015 meeting...

Books

A funny thing happned on the way to the future by Michael J. Fox

Always Looking Up by Michael J Fox

Lucky Man by Michael J Fox

Brain Recovery.com by David Perlmutter M.D.

Illinois Consumers Guide to Estate Planning

Illinois Consumers Guide to Senior Living and Elder Care

Moving Forward: a Practical Guide to Living with PD, 3rd edition Teva

The Muhammad Ali Parkinson Center 100 Questions and Answers *about Parkinson's Disease* by Abraham Lieberman MD with (Marcia McCall)

Muhammad Ali ... 100 Questions and Answers 2nd edition

Parkinson's Disease: Guide to Deep Brain Stimulation Therapy 1st edition by Jill Marjama-Lyons, MD and Michael S. Okun, MD

The Parkinson's Handbook by Dwight C. McGoon, M.D.

Parkinson's a Personal Story of Acceptance by Sandi Gordon

PD "n" Me Coping with Parkinson's Disease APDA

Patient Perspectives on Parkinson's A Series of Essays by Sid and Donna Dorros

To Survive Caregiving A Daughters Experience, a Doctors Advice on Finding Hope, Help and Health by Cheryl E. Woodson MD

Voices From the Parking Lot parkinson's insights and perspectives compiled and edited by Dennis Greene, Joan Blessington Snyder, Craig Kendell

What Your Doctor May NOT Tell You About Parkinson's Disease *a Holistic Program for Optimal Wellness* by Jill Marjama-Lyons, MD

YOGA for Movement Disorders Rebuilding Strength, Balance and Flexibility for Parkinsons Disease and Dystonia by Renee Le Verrier

A Soft Voice in a Noisy World, a guide to dealing and healing with PD by Karl Robb.

How to Live Well with Parkinson's: Advice from a Physical Therapist by Miriam Boelin

Tremors in the Universe by Robert Lyman Baittie.

* PD Humor Rx, Take Daily; Yuma Bev. by Beverly Ribaudo *donated by family of Steve Williams

* Dementia with Lewy Bodies & Parkinson's Disease Dementia J. Eric Ahlskog, MD PhD

*Shuffle: A Way Forward Whatever the Challenge, my journey w/PD Wendall Woodall

**Donated by Julie Saks @ APDA Midwest chapter*

*The First Year PD 'An Essential Guide for the Newly Diagnosed' by Jackie Hunt Christensen

DVDs

10 Mountains 10 Years : in the conquest of Alzheimers and Parkinson's, We were born to End This. www.BackLightProductions.com

The Astronaut's Secret

Delay the Disease...Functional Fitness for Parkinson's by David Zid

Gary, A Story of Hope...New Hope for Parkinson's

PARKINSON'S DISEASE : guide for patients and families; featuring Holly Robinson Peete

...Collaborator (American Academy of Neurology)

...Contributors to video Stanley Fahn MD, J William Langston MD, Kathleen M Shannon MD

Sponsored by Teva Neuroscience

Free booklets from...

APDA ...Good Nutrition & PD, Speaking Effectively-Speech & Swallowing, Aquatic exercise, My mommy has PD, Constipation & PD, Be Independent! & Many more topics in booklet or brochures just call (877-223- 3801) to request a copy of your own.