

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

DATE: June 4, 2022

TIME: 1:30 PM

PROGRAM: Ryan Trumpinski, BA, RN Neuroscience Account Executive with abbive will be presenting a program on the Parkinson's medication Duopa and what is on the horizon.

**WHERE: OSF Center for Health
5114 N. Glen Park Place
Peoria, IL 61614**

At our May meeting Maria Cristina Ospina, MD, gave a fantastic program on dealing with Parkinson's symptoms and ON and OFF time at last month meeting. A Big thank you to AMNEAL and their Representative Anthony for arranging this program and providing Lunch from Panera's



Thank you to everyone that brought in Food for the food drive a 150 pounds of food was donated by YOU!! This is just Outstanding to think that the 28 people that came to our Meeting brought in that amount of food. Thank You. This Food drive was sponsored by Thrivent and I have taken the food to the Redeemer Lutheran Church food pantry. I think everyone that brought food and supplies in. Thank You.

If you attended that Portillo's Fundraiser Thank You. We needed to reach a minimum of \$200.00 and unfortunately, we did not reach that amount so we will not be receiving funds from them for this event. They will be sending us some stuff that we will use in someway at an up coming meeting.

The Rest of the year is packed full of events that you will not want to miss, so please make a note of the dates, and write them down.

June 4th Support Group Meeting (see above)

July 9th Dinner and a Peoria Chief's Baseball Game. (Details in this Newsletter)

August 6th 12:00PM Support Group Meeting at Hearth American Cuisine in Peoria Heights
Speaking will be Dr. Rezak on NOURIANZ (Please note Time and Location Change)

September 10th Support Group Meeting.

September 17 – 18 PD Camp (see details in this Newsletter)

November 5th Pedal for Parkinson's 2022 (more information to come)

For more information on the above events please visit

<http://www.heartstohands.org/events.html> or contact Roger at
roger@cipdsupportgroup.org or 309 2191210

Our Annual Picnic will look a little Different this year



Join Us at the Peoria Chief's

July 9, 2022, 6:00PM (Gates Open at 5:35PM)

Baseball Game and Dinner

The Peoria Chief's will play ball at 6:35PM followed by a firework display.

Our Tickets will be in the Batters Box Party Area

Dinner will be a Buffet, it will be available from 6:00PM to 7:30PM

Hot Dogs, Hamburgers, Cheeseburgers, Potato Salad, Chips, Canned Soda, and water.

Adult beverages will be available at a nearby concession stand.

Please Sign up by emailing roger@cipdsupportgroup.org

Tickets are \$15.00 per person.

The Central Illinois Parkinson's Support Group is offsetting the Cost of this event hopefully you can join us.



PD 2022 Camp

Power to be the best me.

PD Camp 2022 is coming get ready now! PD Camp 2022 will run September 16 – 18, 2022 at Salvation Army Eagle Crest Camp in Washburn, IL

PD Camp is A Combination of Educational and recreational activities including but not limited to the ever-popular rhythm session with Rick. Campfires, games

The program also includes, talks from INI Movement Disorders Team, breakout sessions to cover both emotional and physical aspects of coping with Parkinson's, well as physical and occupational therapists will participate.

Information on PD Camp will be available at the June Meeting. You can also download all the information at <http://www.heartstohands.org/events.html>

Barb is walking in the APDA Midwest Chapters Optimism walk on June 25th. She will be walking



on the Central Illinois Parkinson's Support Group Team, and she would love your Support. The APDA Midwest Chapter provides year-round support to are support group by helping fund PD Camp, though the FINANCIAL SUPPORT PROGRAM, and many other ways. Please consider



Barb Halleen

Central Il. Parkinson's Support Group APDA Midwest 2022 Optimism Walk

SUPPORT ME

supporting and Barb. Thank you.

<https://apdaparkinson.donordrive.com/index.cfm?fuseaction=donordrive.participant&participantID=43423>