

# CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: [www.heartstohands.org](http://www.heartstohands.org)

They shall never cease to be entertained

**DATE: August 6, 2022**

**TIME: 1:30PM**

**PROGRAM: Dr Michael Rezak will be speaking on NOURIANZ® (Istradefylline)**

**WHERE: Johnny's Italian Steakhouse  
101 Holiday St,  
East Peoria, IL 61611**

Our August Meeting will have a different look too. Kyowa Kirin will be sponsoring the Program and it will be a meal at Johnny's Italian Steak House in East Peoria.

Please plan on attending this meeting as you will get a meal and a chance to hear a very good Movement disorder Doctor.

Dr Michael Rezak, is a double fellowship trained movement disorders neurologist with Ascension Saint Alexius Hospital in Hoffman Estates, IL. Prior to joining Ascension Saint Alexius Hospital, Dr Rezak was the head of the Northwestern Movement Disorders Neurology Group in Winfield, IL followed by a 2 year stint at Vassar Brother Medical Center in Poughkeepsie, NY. He has published many scientific papers and has an extensive clinical trial background.

Nourianz (Istradefylline)

Nourianz was approved in the United States at the end of 2019 and has been approved in Japan for almost 10 years. Between the US and Japan over 100,000 Parkinson's patients have been prescribed the medication, it is marketed in the United States by Kyowa Kirin. Nourianz is approved as an adjunctive (add-on) medication to patients currently on Carbidopa/Levodopa who are experiencing "off episodes". It is the first Adenosine blocker approved in the United States and does not work on Dopamine. It is dosed once a day, with/without food, anytime of the day and can be added to any of the current Parkinson's medications. Nourianz is available in 20mg and 40mg tablets and is currently the #1 branded add-on agent in the United States.

Visit [Nourianz.com](http://Nourianz.com) for further information.



Our July Ballgame/Picnic was just about all we could ask for. Perfect weather, good food, great fellowship, about all we could have asked for was a Chiefs win but then take it from someone who knows that doesn't happen very often. We had over 40 in attendance and a very good mix of old and new faces, those of you that were knew please don't be strangers. We will be looking into this again for next year although we may need a bigger Party area. Even Ollie enjoyed the Game and I'm sure he was thinking he could field those balls a little better. Sorry I didn't get Photos as I was a little busy at times if anyone did take photos and would like to share them that would be great.

The Central Illinois Parkinson's Support Group also donated a very much needed wheelchair to the Chiefs organization.





*Power to be the best me.*

**PD Camp 2022 is coming, get ready now!  
PD Camp 2022 will run September 16 – 18, 2022  
Salvation Army Eagle Crest Camp in Washburn, IL**

**While the itinerary is not completely set yet PD Camp is shaping up to be another fantastic weekend. As always the Food and Fellowship will be outstanding, and I'm sure that you will make new friends and learn some information that can help you in your day to day lives.**

**PD Camp is A Combination of Educational and recreational activities including but not limited to the ever-popular rhythm session with Rick. Campfires, games  
The program also includes, talks from Movement Disorders Specialist, breakout sessions to cover both emotional and physical aspects of coping with Parkinson's, well as physical and occupational therapists will participate.**

**Information on PD Camp will be available at the August Meeting. You can also download all the information at <http://www.heartstohands.org/events.html>**

**Some of the activities that will be taking place; Friday will start off with an get together ice breaker and a rhythm session with Rick that promises to be very entertaining. Saturday will feature a mix of educational speakers exercise and time to relax followed by Paint Night presented by the Glass family Sunday will wrap up with some signing, then a session about what we did right or wrong and what do we want for next year.**

**We can keep the cost of this weekend at \$50.00 per person because of these Great Sponsors.**





**The Rest of the year is packed full of events that you will not want to miss, so please make a note of the dates, and write them down.**

August 6<sup>th</sup> 1:30PM Support Group Meeting at Johnny's Italian Steak House in East Peoria  
Speaking will be Dr. Rezak on NOURIANZ (Please note Location Change)

September 10<sup>th</sup> Support Group Meeting.

September 17 – 18 PD Camp (see details in this Newsletter)

October 1<sup>st</sup> Support Group Meeting.

November 5<sup>th</sup> Pedal for Parkinson's 2022 (more information to come)

For more information on the above events please visit

<http://www.heartstohands.org/events.html> or contact Roger at [roger@cipdsupportgroup.org](mailto:roger@cipdsupportgroup.org) or 309 2191210

There are a lot of great informational programs available online if you are looking for information on just about anything related to Parkinson's please check out the following websites



<https://www.michaeljfox.org/webinars>



<https://www.apdaparkinson.org/webinar/>

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This link will take you directly to smile.amazon.com in support of Central Illinois Parkinson's Support Group you won't have to search for us. Use this link every time you shop Amazon. <https://smile.amazon.com/ch/83-2656727>

For more information on the information in this Newsletter or the Parkinson's Support Group Please Contact Roger at 309 219 1210 [roger@cipdsupportgroup.org](mailto:roger@cipdsupportgroup.org)